



## Authorization & Consent for Thyroid Fine Needle Aspiration

You have been recommended to undergo a fine needle aspiration (biopsy) of your thyroid. This procedure is a proven and reliable way to determine the benign or cancerous nature of a nodule, cyst or other lump in your thyroid.

A Thyroid biopsy is performed using a needle smaller than the needle used to draw blood from your arm. The biopsy needle is inserted and withdrawn a few times to obtain thyroid cells, the procedure usually take 5 -15 minutes.

You can return to your usual activities shortly after the biopsy. You may have some mild bruising over the biopsy area the next day.

Most of the time, a diagnosis will be made. Sometimes, there are not enough thyroid cells to make a diagnosis, and the patient often needs a repeat biopsy.

The risks of injury, infection, bleeding and other complications can occur. All questions that I (the patient) may have in reference to this procedure and the associated risks have been explained to my satisfaction.

If you are on Aspirin, Fish Oil, Vitamin E, Ibuprofen or any NSAIDs, discontinue 1 week prior to procedure.

If you are on any prescription blood thinners you will need to consult the prescribing Physician so that your INR is less than 1.5 (in which case you will need to have a blood test done 24 hours prior to the FNAB documenting that your INR is less than 1.5

Your signature below means that you have read and agreed to the above, that all your questions have been answered to your satisfaction, and that you consent to and authorize this procedure.

**Name:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

\_\_\_\_\_  
**Signature**

**Date:** \_\_\_\_\_

\_\_\_\_\_  
**Witness Signature**

**Date:** \_\_\_\_\_

